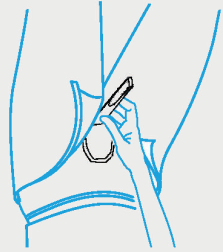


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CE marked and FDA approved by
JBOL Ltd - Oxford
UK Invented and Manufactured by
Continence Foundation approved
Available on NHS prescription
www.whizfreedom.com

CE



Gain independence and dignity in comfort.
The Whiz is soft, pliable and form fitting.
Just lift a skirt or unzip a fly and wee whenever
and wherever you need. Dirty public toilets and
squat loos are no longer a problem.

Simply hold the Whiz against your body; nature
and gravity will do the rest. Being hydrophobic,
and the Whiz repels all liquid - with one flick it's clean
and dry. Made from medical-grade latex free,
anti-bacterial plastic, it is also machine washable,
eco-friendly and easy to use.

for when nature calls



INSTRUCTIONS OVERLEAF



Allowing women to wee standing
or sitting indoors or outdoors,
whenever they choose

www.whizfreedom.com

"Every woman should have one"

World's first and No. 1 hydrophobic, anti-bacterial
and eco-friendly Hygienic Urine Guide (HUG)

- No need to undress - discreet use
- Hygienic, antibacterial, latex-free, medical grade material
- Portable, re-usable, machine washable
- Soft and designed not to flowback, splash or spill
- Liquid repellent, flick to dry

Used by women all over the world for convenience, travel,
sport or medical needs





Patents Granted: GB2362577

GB2396819, GB23855276

UK Reg. Design: 2100623, 2103229

International Patent Application:

01/74275, PCT/GB2003/000472

Further patents pending © JBOL Ltd. (May 2006)

Instructions for Use

Thank you for buying a Whiz® Freedom.

You will be amazed at what difference such a small device can make to your quality of life.



1. Hold the Whiz snugly against the body as shown



2-3. Best positions when practising or using the Whiz in a public toilet



4. Using the Whiz without undressing

Important: The **Whiz**® must be held correctly. The broad area of the opening must be uppermost and held snugly against the body. Its unique lily shape was tested by over 1,400 women in clinical trials and since used successfully by many thousands of women of all ages, from all walks of life. Held correctly the **Whiz** will not leak and stays completely dry on the exterior. Remember to keep the nozzle pointed downward and away from the body. Do not share a **Whiz** with others.

Tips on using the Whiz: Ensure the **Whiz** is held against the body snugly (it's not designed to enter the body). It won't leak, over fill or splash back. Try your **Whiz** once in the shower or bath, and you will see how easy it is to use – sitting, standing, hovering or crouching – which ever is most comfortable. To use your **Whiz** standing at a toilet, face the bowl, hold your aim steady and don't forget to raise the toilet seat!



Hold your Whiz this way up



No need to undress: Using the **Whiz** with a skirt is simple; just hold the fabric out of the line of fire. Underwear need only be pushed to one side. If you're wearing trousers and the zip is long enough, all you have to do is unzip. Trousers with short zips or buttons may have to be lowered slightly. When outside aim downward, keep your back to the crowd and never wee into the wind!

Attaching a Connector Tube: (an accessory from whizfreedom.com): Useful if you want to wee into a bottle or a catheter bag. Pinch the connector tube slightly and wiggle it one cm onto the nozzle of the **Whiz**. Give it a shake to be sure it's properly attached. Be sure the bottle is lower than the **Whiz** and that the tube points downward.

If you are bed bound: Attach a connector tube and either lie on your back and elevate your pelvis with a cushion - or roll onto your side and tuck your upper leg closer to your torso than your bottom leg. Hold the **Whiz** in place and make sure the **Whiz** and tube slant downward.

NOTE: These two methods require practice. If possible try using the **Whiz** while sitting on the edge of the bed or kneeling if appropriate. If you are in a chair or a wheelchair (first apply the brakes), edge forward to the front of the seat with the whiz (and tube if applicable) slanting downward. For further tips and testimonials from users, especially hikers, explorers, disabled and mobility impaired wheelchair users visit whizfreedom.com

Caring for your Whiz: The **Whiz** is made from medical grade anti-bacterial, liquid repellent material, is non-invasive and is designed to be eco-friendly, allowing for multiple use by a single person. Properly used it remains watertight and dry on the outside. All plastics deteriorate over time, and considering the intimate nature of the **Whiz**, it's advisable to replace it every year, or after extensive use or if it has lost its shape due to long periods rolled up. **NOTE:** urine is sterile when it exits the body and poses no health hazard to the user.

Cleaning: Your **Whiz** has a special additive that repels all liquid and makes it essentially self-cleaning. After use give it a flick and it will be clean. Once home, the **Whiz** should be rinsed in water. Even though the **Whiz** can be re-used by the same person without washing, we recommend that whenever possible it's rinsed in water. The **Whiz** can be washed in any washing machine at temperatures not exceeding 40°C. It is also dishwasher safe.

Storage: The **Whiz** can be rolled or folded temporarily to carry in a pocket or bag. The flexible material will spring back to its original shape as long as it's not kept distorted for long periods. Always store your **Whiz** unrolled or it may warp permanently.

Updates and Accessories: Enjoy your **Whiz** and feel free to give us your feedback. Our web site is updated with latest products and accessories and new developments. www.whizfreedom.com.

Technical: The **Whiz** is made from a medical-grade, anti-bacterial and water repellent and latex free thermoplastic elastomer. It is CE marked, FDA approved and is available on NHS prescription.

The **Whiz**® is patent and design right granted and protected. The manufacturer JBOL Ltd, have taken every care and attention to ensure that the Whiz Freedom works as effectively as possible. However, under no circumstances will JBOL Ltd be held liable for any damage, injury or inability to use the Whiz Freedom.